



FlyHealthy@SEA

Holiday Travel Guide 2020

SEA Seattle-Tacoma
International
Airport

Seattle-Tacoma International Airport (SEA) supports the guidance from public health officials to not travel for Thanksgiving, but we're prepared for the passengers choosing to go home for the holidays on trips that couldn't wait. We are increasing our public information campaign during the holiday season and asking travelers to come prepared to comply with healthy travel measures. Stay home if you are sick, expect to wear a facial covering for the duration of your journey, wash or sanitize your hands frequently, and honor physical distancing.

FlyHealthy@SEA is our layered, comprehensive action plan to ensure your health and well-being while traveling. Be informed and ready with these [travel tips and resources](#). Please contact your airline if you have questions about that part of your journey.

Travel guidance

- Stay home if you are sick.
- Governor Jay Inslee issued a [travel advisory](#) for Washington state to avoid non-essential travel beyond work and study and travelers arriving from out-of-state should self-quarantine for 14 days. This advisory applies to all non-essential travel.
- The [CDC recommends against travel](#) for Thanksgiving.

Before you travel

- Read our [tips for how to prepare](#) for healthy holiday travel at SEA.
- TSA travel tips for the holidays cover what should and should not be packed in your carry on luggage.
 - Security checkpoint lines look longer but waits are not. Due to physical distancing, lines fill up faster as six-foot separations reduce queuing by up to 75%. Lines move faster than they look.
- Use [Pre-Booked Parking](#) as an option for contact-free travel. Pre-Booked Parking allows you to book and pay for airport parking in advance of arrival. Drive your own vehicle, and scan your booking QR code on your phone at garage entry and exit.
- You may consider a COVID-19 test before flying, especially if traveling to destinations with quarantines. Travelers seeking a [COVID-19 test at the airport](#) can make an appointment with Discovery Health MD.
 - Read the [FAQs](#) to understand the test options at SEA with Discovery Health MD. Please contact Discovery Health MD directly on [their website](#), by email at testing@discoveryhealthmd.com, or by phone at (206) 333-0595.

At the Airport

- Expect to wear a facial covering for the duration of your journey, wash or sanitize your hands frequently, and honor physical distancing. We continue to prioritize traveler safety, health and well-being with protocols, including masks, medical grade cleaning, plastic protective barriers and signage.
- SEA implemented the [new COVID-19 health measures](#) outlined in guidance from Washington state Governor Inslee for a four-week statewide set of restrictions through mid-December in response to the recent rapid spread of the COVID-19 virus in the state and across the country.

Airport Dining and Retail

- [Eat and shop](#) with confidence because airport restaurants and retailers are also going above and beyond to protect your health and well-being. Watch [this video](#) to feel the feels.
- Due to current statewide dining and retail restrictions, only to-go food options are available and there are no alcohol sales.
- Most [business are open](#). Retail shops are operating at 25% occupancy.
- Well-spaced and regularly cleaned tables and chairs are available for "grab and go" dining throughout the airport, including in the Central Terminal. Otherwise, travelers will need to eat and drink in gate areas or various seating throughout the airport concourses.
- As you can see, it's our highest priority to help keep you healthy. But we also want to create moments of cheer for you at the airport. Our restaurants and retailers are offering [holiday menus and seasonal treats](#).



In case you missed it!

SEAsOn of Caring

Join SEA in donating [non-perishable food items](#) to benefit the South King County Food Bank Coalition in coordination with the Des Moines Food bank. You can drop dry and canned food into the collection bins positioned near the garage sky bridges until Nov. 29, 2020.



Travel in a New Normal

Before you take the skies, your experience at SEA looks and feels different. These are steps the airport has taken under our FlyHealthy@SEA program:

- We [doubled down on cleaning at SEA](#) with frequent disinfection with medical-grade cleaning products. We even secured international accreditations for cleaning practices.
- Added over 280 hand sanitizer stations throughout the terminal for your use. [Download the SEA App](#) with our interactive map of hand sanitizer locations.
- [Breathe easy](#) knowing our air filtration and ventilation system constantly circulates fresh, outdoor air through the terminal and uses filters that capture 90 percent of COVID-19 sized particles.
- SEA launched [Pre-Booked Parking](#) as an innovation for seamless, contact-free travel.
- Installed nearly 350 plastic protective barriers that buffer interactions between travelers and airport employees, and 8,000 signs for reminders and spacing to honor physical distancing.
- Eat and shop with confidence because airport restaurants and retailers are also going [above and beyond](#) to protect your health and well-being.
- Discovery Health MD opened an on-site [COVID-19 testing location](#) for non-symptomatic travel testing.

Help Stop the Spread – Passenger Actions

Passengers, employees, and the community can help stop the spread of COVID-19. We ask you to follow these guidelines to protect yourself, your fellow travelers and airport employees, including:



6 feet
2 meters



- Avoid non-essential travel
- Stay home when you are sick. And get better soon!
- Wear face coverings to help slow the spread of germs
- Practice physical distancing
 - Maintain your distance and stay six feet (or two meters) apart from others
 - No more than four in an elevator
 - Using every fourth step on escalators
- Wash your hands often with soap and water for at least 20 seconds
- Avoid touching your eyes, nose, and mouth